

# San Francisco

## Continuum of Care Reform Discussion

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# What is it?

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- Governor Brown signed Assembly Bill 403 on October 11, 2015
- Comprehensively reforms placement and treatment options for youth in foster care
- Builds upon years of policy changes to improve outcomes for youth in foster care

**A very big deal!**

# Key Concept of CCR

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- Based on research that shows that a family home-based structure:
  - Enables youth to transition through their stages of development more successfully
  - Improves the outcomes for our foster youth.



# The fundamental principles of CCR:

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- ❑ All children deserve to live with a committed, nurturing, and permanent family that prepares youth for a successful transition into adulthood.
- ❑ Child and Family Voice
- ❑ Services follow the child (continuity of care)
- ❑ Family is held at the center by partnering agencies (Child and Family Teams)
- ❑ Normalcy in development
- ❑ Permanency
- ❑ Reduction in the use of congregate care with focus on Family based care

# CCR BUILDS ON CURRENT REFORM EFFORTS

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## California

- Approved Relative Caregivers Program (ARC)
- Resource Family Approval
- Quality Parenting Initiative (QPI)
- Child and Family Teaming/Pathways to Mental Health
- Residentially-Based Services Reform (RBS)

## San Francisco

- ARC county
- RFA and QPI
- iASC implementation & spread (CFT-BH)
- Family Meeting Framework
- RBS Pilot County

# Congregate Care/Groups Homes

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## **Before CCR Implementation**

- ❑ Group homes and residential treatment centers (RCL system)

## **After CCR Implementation**

- ❑ Short –term residential treatment programs (STRTPs) replace group homes.
- ❑ Service array for STRTPs must include mental health services (and requires a mental health contract).
- ❑ STRTPs must be accredited by a national accreditation organization.

# Resource Family Assessment

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## **Before CCR Implementation**

- Foster families, relative caregivers, NREFMs, and adoptive families have slightly different assessments

## **After CCR Implementation**

- All family-based care providers called Resource Families.
- Resource Family Approval (RFA) provides uniform placement and adoption assessments completed at beginning of placement.

# Intensive Treatment Foster Care (ITFC)

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## **Before CCR Implementation**

- Intensive treatment foster homes (ITFC) are used for intensive in-home treatment

## **After CCR Implementation**

- Intensive Services Foster Care (ISFC) includes ITFC, Treatment Foster Care (TFC), Therapeutic Behavioral services (TBS) etc



# Child and Family Team Meeting (CFT)

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## **Before CCR Implementation**

- ❑ Many different versions of family, team and provider meetings.

## **After CCR Implementation**

- ❑ One standard Child and Family Team (CFT) meeting model using trained facilitators.

# Treatment Foster Care (TFC)

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## **Before CCR Implementation**

- Did not exist

## **After CCR Implementation**

- New mental health billing code for use by resource families (treatment foster parents) who work with an FFA that has Medi-Cal certification.

# Accountability for FFAs and STRPs

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## **Before CCR Implementation**

- Varied

## **After CCR Implementation**

- Accreditation
- Performance measures
- Consumer surveys
- Inter-departmental oversight framework

# Continuity of Services & Permanency

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## Before CCR Implementation

- Continuity of care and permanency are primarily the responsibility of the child welfare agency

## After CCR Implementation

- Continuity of care and permanency are everyone's responsibility
- All STRTPs and FFAs will be expected to provide a seamless continuum of mental health services across placement changes
  - FFAs *with* Mental Health contracts are expected to provide those services
  - FFAs *without* mental health contracts are expected to form partnerships with agencies that can provide those services for them
- STRTPs and FFAs will be expected to engage in family finding and partnerships to aid in finding permanency for youth

# Rates

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## **Before CCR Implementation**

- ❑ RCL system has rates based on age of the child and type of facility

## **After CCR Implementation**

- ❑ New rate system replaces RCL system.
- ❑ Resource Family rates based on needs of child and linked to child, not the facility
- ❑ Single STRTP rate
- ❑ New rates are higher, and designed to provide a variety of services to a child in any type of resource family home
- ❑ Eventually, a Level of Care assessment determines rate for the child.
- ❑ Interim rates plan starts in January 2017, Level of Care assessment starts later

# New Rates Effective 1-1-2017

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- New basic rate for resource family homes- \$889 for every child regardless of age
- FFA rates are interim rates until level of care is implemented and currently will remain age based
- FFA rate consists of the basic rate + a social worker component + a RFA component + an administration component + a service and supports component
- STRTP rate will be \$12,036 per month per child

# Questions

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# Current Infrastructure

