



SAN FRANCISCO
HUMAN SERVICES AGENCY

Public Benefits for Youth 18-24 Years Old

Whether you're in school,
working, or just figuring it
out, government programs
can help you financially.

You could get:

- Food benefits (EBT) through **CalFresh**
- Health insurance through **Medi-Cal**
- Cash and work services through **CAAP** if you're single, or **CalWORKs** if you're a parent
- Free tickets to local museums, discounts on internet service, and more

Visit [SFHSA.org/YoungAdults](https://www.sfhsa.org/YoungAdults) for more information.

Don't be discouraged, everyone is welcome to apply.
You may be eligible to receive more benefits than
you thought.

"The City is very expensive, if I didn't have CalFresh, it would be a lot harder. I would have less money and less food".

- CalFresh recipient



Scan to
learn more



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